

# APRIL 2011

*Mon*

*Tue*

*Wed*

*Thu*

*Fri*

TO MAKE A MEAL RESERVATION AT LEAST 48 HOURS IN ADVANCE,  
CONTACT YOUR MEAL MANAGER.  
EACH MEAL COSTS THE FCDOA NUTRITION PROGRAM \$4.80, YOUR CONTRIBUTIONS PER  
MEAL HELPS MAKE MORE MEALS POSSIBLE

**MENUS ARE SUBJECT TO CHANGE**

**1**

BEEF VEGGIE SOUP  
SEAFOOD SALAD  
LETTUCE & TOMATO  
BROCCOLI SLAW  
PINEAPPLE CHUNKS  
KAISER ROLL  
1% MILK

**4**

PINEAPPLE JUICE  
CHICKEN BREAST  
W/SUPREME SAUCE  
MASHED POTATOES  
PEAS  
MULTI GRAIN ROLL  
APPLE SAUCE  
1% MILK

**5**

CHICKEN VEGGIE SOUP  
SMOKE TURKEY & CHEDDAR  
ON WHOLE WHEAT BREAD  
W/LETTUCE & TOMATO  
AMISH WHITE NAVY BEAN  
SALAD  
COLE SLAW  
HOT SPICED PEARS  
1% MILK

**6**

GRAPE JUICE  
HAMBURGER W/CHEESE  
LETTUCE & TOMATO  
HAMBURGER ROLL  
BAKED BEANS  
DICED CARROTS  
PEACH PARFAIT  
1% MILK

**7**

TOSSED SALAD  
FRENCH DRESSING  
SPAGHETTI W/MEAT SAUCE  
PARMESAN CHEESE  
GREEN BEANS  
ITALIAN BREAD  
RED APPLE  
1% MILK

**8**

CRANBERRY JUICE  
ROAST BEEF IN GRAVY  
WHITE RICE  
CREAMED KALE  
WHEAT BREAD  
TROPICAL FRUIT  
1% MILK

**11**

TOSSED SALAD  
FRENCH DRESSING  
TUNA SALAD ON WHOLE  
WHEAT BREAD  
LETTUCE & TOMATO  
COPPER PENNIES  
HOT SCALLOPED APPLES  
1% MILK

**12**

PINEAPPLE JUICE  
CHICKEN TERIYAKI NUGGETS  
SWEET & SOUR  
GREEN BEANS  
FRIED RICE  
FRUIT COCKTAIL  
FRENCH BREAD  
1% MILK

**13**

APPLESAUCE  
1/4 LB BEEF HOT DOG  
COLE SLAW  
BAKED BEANS  
HOT DOG ROLL  
HOT FRUIT COMPOTE  
1% MILK

**14**

ORANGE JUICE  
BAKED STUFFED PORK  
CHOP W/GRAVY  
GREEN BEAN CASSEROLE  
TRI COLORED PASTA SAUTE  
IN CREAMY GARLIC SAUCE  
ROLL & BUTTER  
APPLE PIE  
1% MILK

**15**

CRANBERRY JUICE  
SLICED HAM IN PINEAPPLE SAUCE  
SCALLOPED POTATOES  
AU GRATIN  
GREEN BEANS  
FRUIT COCKTAIL  
MULTI GRAIN ROLL  
1% MILK

**18**

SOUTHWESTERN BEAN  
SALAD  
BAKED CHICKEN BREAST  
W/GRAVY RYE BREAD  
SPINACH SAUTE  
W/GARLIC & ONION  
BARLEY MUSHROOM PILAF  
TROPICAL FRUIT IN JELLO  
1% MILK

**19**

TOMATO JUICE  
SMASHED RED SKIN  
POTATO SOUP  
PORK LOIN W/GRAVY  
SAUERKRAUT  
WHEAT BREAD  
ROSEY APPLE SAUCE  
1% MILK

**20**

GRAPE JUICE  
MEAT LOAF W/GRAVY  
BROWN RICE  
BRUSSELS SPROUTS  
ORANGE SECTIONS  
DINNER ROLL  
1% MILK

**21**

NAVY BEAN SOUP  
PINEAPPLE JUICE  
CHICKEN SALAD COLD  
PLATE W/LETTUCE &  
TOMATO ON WHEAT BREAD  
BROCCOLI SLAW  
HOT PEACH/APPLE CRISP  
1% MILK

**22**



GOOD FRIDAY  
HOLIDAY

**25**

COLE SLAW  
PIZZA HAMBURGER  
W/TOMATO SAUCE  
SWEET RED ONION &  
PROVOLONE CHEESE  
HAMBURGER ROLL  
BAKED BEANS  
COLLARD GREENS  
APRICOTS  
1% MILK

**26**

GRAPE JUICE  
ROAST BEEF W/GRAVY  
MASHED POTATOES  
SCANDINAVIAN MIXED  
VEGETABLES  
PEACHES  
DINNER ROLL  
1% MILK

**27**

APPLE JUICE  
CURRY CHICKEN  
DINNER ROLL  
BROWN RICE  
GREEN BEANS  
CHERRY APPLE CRISP  
1% MILK

**28**

SPLIT PEA SOUP  
GENOA SALAMI  
PROVOLONE ON RYE BREAD  
LETTUCE & TOMATO  
PICKLED BEETS  
COLE SLAW  
MANDARIN ORANGES  
POTATO CHIPS  
1% MILK

**29**

ORANGE JUICE  
BAKED ZITI W/MEAT & CHEESE  
PARMESAN CHEESE  
SPINACH  
WHOLE GRAIN BREAD  
FRESH SEASONAL FRUIT  
1% MILK